

## Truly Significant March 23, 2025

Today, we celebrate the birthday of one of my best friends, Sue Lundgren. She is truly significant in many ways.

Twenty years ago this week, we met. Within hours of this intersection in Mexico, I learned that my beloved Daddy, George Tocquigny passed away.

The significance of finding a new friend for life on the same day that your dad passed away was profound. This experience felt like a mix of emotions—grief, hope, and the start of a new chapter.

On one hand, losing a loved one like a Daddy was a painful event that will always leave a deep void. Like many of you, the emotions around grief can feel overwhelming, and it might seem hard to imagine life without your Dad.

However, the arrival of a new friend, like Sue Lundgren, in the same week, became an unexpected source of comfort and a reminder that even in the darkest moments, there are opportunities for connection and healing.

This new friend symbolized the idea that life continues to offer meaningful relationships and support, even in the face of loss. It also represented the idea of renewal—how life, through its highs and lows, can bring people into our lives who can help us move forward.

The timing of this event was a sign of resilience, that through loss, there's still room for new friends, and the potential for future happiness.

Now, 20 years later, our friendship, enhanced by travel with our spouses, experience, wisdom, playing games, and even grandparent-hood, continues to add depth and texture to my life.

Perhaps you can relate to this for “friendships formed under difficult circumstances often have a unique and lasting bond.” For Sue and me, we are rooted in significant moments of change and emotion. Thank you Sue Lundgren.

**Podcast of the Week:** From our archives in 2010, this podcast features my Dad saying I love you in five different languages. He also answers questions from my daughter Jennifer....you know, the stuff you’ve always wanted to know. Here’s to you Dad.

<https://www.spreaker.com/episode/george-tocquigny-life-lessons--63798400>

**Book I'm Reading**: Radical Respect by my friend, Kim Scott. It's a must read for start-ups.

**Quote of the Week**: "Let me show you how to do it." George Joseph Tocquigny

Have a truly significant week and happy birthday, Sue Lundgren.